

List of All Chemicals

P *Aralia cordata* (Araliaceae)

Common name(s)

Udo

How used

Food

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Chemical	Plant Part	Low PPM	High PPM	StdDev	*Reference
(-)-EPIPIMARIC-ACID	Plant	--	--		*
(-)-PIMARA-8(14),15-DIEN-19-AL	Plant	--	--		*
(-)-PIMARA-8(14),15-DIEN-19-OIC-ACID	Plant	--	--		*
(ENT)-PIMARA-8(14),15-DIEN-19-OIC-ACID	Plant	--	--		*
7-OXO(-)-PIMARA-8(14),15-DIEN-19-OIC-ACID	Plant	--	--		*
7ALPHA-HYDROXY-(-)-PIMARA-8(14),15-DIEN-19-OIC-ACID	Plant	--	--		*
7BETA-HYDROXY-(-)-PIMARA-8(14),15-DIEN-19-OIC-ACID	Plant	--	--		*
ABS/10	Plant	--	--		*
ALPHA-BETULENOL	Root	--	--		*
ALPHA-FARNESENE	Plant	--	--		*
ALPHA-GUAIENE	Stem	--	2.0		*
ALPHA-HUMULENE	Root	--	11.0	-0.73	*

Activities (2)

- Antitumor Zheng, G-Q., Kenney, P.M., and Lam, L.K.T. Sesquiterpenes From Clove (*Eugenia caryophyllata*) As Potential Anticarcinogenic Agents. *Journal of Natural Products* 55(7): 999-1003, 1992.
- Perfumery Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.* Taylor & Frost, London. 791 pp.

ALPHA-LIMONENE	Root	--	16.0		*
ALPHA-PINENE	Root	--	475.0	-0.55	*

Activities (28)

- Allelochemic
- Allergenic
- Antiacne
- Antibacterial
- Antifeedant
- Antiflu Economic & Medicinal Plant Research, 5: 195.
- Antiinflammatory 500 mg/kg
- Antipneumonic
- Antiseptic
- Antispasmodic
- Antistaphylococcic
- Antiviral Economic & Medicinal Plant Research, 5: 195.
- Cancer-Preventive Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
- Coleoptophile
- Expectorant Michael Castleman 1991. *The Healing Herbs.* Rodale Press, Emmaus, PA 436 pp.
- FLavor FEMA 15-150 Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
- Herbicide IC50=30 uM Keeler, R.F. and Tu, A.T. eds. 1991. *Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6)* Marcel Dekker, Inc. NY. 665 pp.
- Insecticide 0.82 uM/fly
- Insectifuge 50 ppm
- Insectiphile J. Stored. Prod. Res., 22:141, 1986.
- Irritant Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.* Taylor & Frost, London. 791 pp.
- P450-2B1-Inhibitor IC50=0.087 uM

Pesticide	
Sedative	Lawrence Review of Natural Products, Jun-90.
Spasmogenic	
Tranquilizer	Lawrence Review of Natural Products, Jun-90.
Transdermal	

ASCORBIC-ACID Leaf 50.0 1065.0 -0.35 *

Activities (112)

Acidulant FEMA 6,000	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry
Aldose-Reductase-Inhibitor	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reverse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Analgesic 5-10 g/day	
Angiotensin-Receptor-Blocker	
AntiAGE 2,000 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reverse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
AntiCFS 500-1,000 mg	
AntiCTS 1,000 mg 3x/day	
AntiCrohn's 50-100 mg/day/orl/man	Martindale's 29th
AntiLyme 500-2,000 mg	
AntiRaynaud's 500 mg 1-2x/day	
Antiaggregant	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reverse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antiaging 400 mg/day	
Antiallergic	
Antialzheimeran 2,000-6,000 mg/day	
Antiarthritic 0.2-1 g/day	
Antiasthmatic 1,000 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiatherosclerotic	
Antibacterial	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Anticataract 350 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Anticataract 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reverse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Anticataract 1 g 3x/day	
Anticervicaldysplastic 1,000-2,000 mg/day	
Anticlimacteric 500-5,000 mg/day	
Anticold 1-2 g/man/day	
Antidecubic 500 mg/man/2x/day	Martindale's 28th
Antidementia	
Antidepressant 2,000 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antidiabetic	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reverse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antidote (Aluminum)	Economic & Medicinal Plant Research, 6: 189.
Antidote (Cadmium)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidote (Lead)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidote (Paraquat)	Martindale's 28th
Antieczemic 3.5-5 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiedemic 1 g/man/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiencephalitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antienometriotic 2,000 mg/day	
Antifatigue 500-1,000 mg	
Antifibrotic 1,000-2,000 mg	
Antigallstone 1,000-3,000 mg/day	
Antigastritic	
Antigingivitic	
Antiglaucomic 2 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antihangover 1,000 mg	
Antihemorrhagic 1 g/man/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antihepatitic 2-6 g/man/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antihepatotoxic	Economic & Medicinal Plant Research, 6: 189.
Antiherpetic 1-5 g/day	
Antihistaminic 2 g/day orl man	
Antihypertensive	
Antiinfertility 1 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiinflammatory	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

Antilithic 1,000-3,000 mg/day	
Antimaculitic	
Antimeasles	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antimenopausal 500-5,000 mg/day	
Antimigraine	Martindale's 29th
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antineuramidase	
Antinitrosic 1 g/man/day	Martindale's 28th
Antiobesity 1 g 3x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiorchitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiosteoarthritic 1 g 2x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiosteoporotic 500 mg/day	
Antioxidant 100 ppm	
Antiparkinsonian 1 g 2-3x/day	
Antiparotitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiperiodontitic 1 g 2x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antipneumonic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antipodriac	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antipoliomyelitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antipyretic	Economic & Medicinal Plant Research, 6: 189.
Antiradicular	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antiretinotic	
Antirheumatic	
Antirhinitic 1,000 mg 3x/day	
Antiscorbutic 10 mg/man/day	Martindale's 28th
Antiseptic MIC=3.3-217 mg/ml	Martindale's 28th
Antiseptic 4-8 g/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antishingles	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antispasmodic 500-5,000 mg/day	
Antistress 500-1,000 mg	
Antisyndrome-X 1-4 g/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antitumor (Gastric)	
Antitumor (Lung)	
Antiulcer	
Antiviral 1-5 g/day	
Apoptotic 1-10 mM	
Asthma-preventive 1,000 mg/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Beta-Adrenergic Receptor Blocker	
Beta-Glucuronidase-Inhibitor 1.5 g/day/man	
Calcium-Antagonist	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cardioprotective	
Cold-preventive 1-2 g/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Collagenic	
Detoxicant	
Diuretic 700 mg/man/orl	
Fistula-Preventive	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Hypocholesterolemic 300-1,000 mg/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Hypoglycemic	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Hypotensive 1,000 mg/man/day	
Immunomodulator	
Immunostimulant	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Interferonogenic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Lithogenic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Mucolytic 1 g/woman/day	Martindale's 28th
Pesticide	
Uricosuric 4 g/man/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Urinary-Acidulant	Martindale's 29th
Vasodilator	
Vulnerary	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

ASH	Leaf	6000.0	127660.0	0.16	*
BETA-CARYOPHYLLENE	Root	--	6.0		*
BETA-EUDES MOL	Root	--	2.0	-1.0	*

Activities (13)

AntiEBV	
Antianoxic ED60=300 orl mus	Yamahara, J., Matsuda, H., Naitoh, Y., Fujimura, H., and Tamai, Y. 1990. Antianoxic Action and Active Constituents of <i>Atractylodis Lanceae</i> Rhizoma. <i>Chem. Pharm. Bull.</i> 38(7): 2033-2034, 1990.
Antimutagenic ID50=0.09 uM/ml	
Antipeptic	Chem & Pharm. Bull., 34: 3854, 1986.
Antisalmonella >0.18 uM/ml	
Antitumor-Promoter?	
Antiulcer	
CNS-Inhibitor	
Calcium-Antagonist 40 uM mus	
Hepatoprotective	
Neurogenic	
Pesticide	
Sedative	

BETA-PINENE	Root	--	37.0	-0.65	*
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Activities (13)

Allergenic	
Antiinflammatory	
Antiseptic	Leung, A. Y. and Foster, S. 1995. <i>Encyclopedia of Common Natural Ingredients</i> 2nd Ed. John Wiley & Sons, New York. 649 pp.
Antispasmodic	
Candidicide	
FLavor FEMA 15-600	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Herbicide	Keeler, R.F. and Tu, A.T. eds. 1991. <i>Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6)</i> Marcel Dekker, Inc. NY. 665 pp.
Insectifuge	Jacobson, M., <i>Glossary of Plant-Derived Insect Deterrents</i> , CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. <i>Flavor and Fragrance Substances</i> , in Keith L. H. and Walters, D.B., eds. <i>Compendium of Safety Data Sheets for Research and Industrial Chemicals</i> . VCH Publishers, New York. 3560-4253.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	
Spasmogenic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.
Transdermal	

BETA-SESQUIPELLANDRENE	Root	--	8.0	1.0	*
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Activities (5)

Antirhinoviral IC50=0.44 uM	Denyer, C.V., Jackson, P., Loakes, D.M., Ellis, M.R., and Yound, D.A.B. Isolation of Antirhinoviral Sesquiterpenes From Ginger (<i>Zingiber officinale</i>). <i>Journal of Natural Products</i> , 57(5): 658-662, 1994.
Antiulcer IC40=50 mg/kg	Yamahara, J., et al. Stomachic principles in ginger. II. Pungent and anti-ulcer effects of low polar constituents isolated from ginger, the dried rhizoma of... <i>Yakugaku Zasshi</i> 112: 645-655 (1992).
Expectorant	
Pesticide	
Stomachic	

CALCIUM	Leaf	130.0	2765.0	-1.07	*
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Activities (28)

AntiPMS 1 g/day	
Antiallergic 500 mg/day	
Antianxiety	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antiarrhythmic 500-1,500 mg	
Antiarthritic 1,000 mg/day	
Antiatherosclerotic 500 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Anticlimacteric 1,000-1,500 mg/day	
Antidepressant	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antidote (Aluminum)	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antidote (Lead)	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antihyperkinetic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antihypertensive	
Antiinsomniac	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.

Antiobesity					
Antiosteoporotic 500-2,000 mg/day					
Antiperiodontitic 750 mg/day		Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.			
Antirheumatic 1,000 mg/day					
Antistress 500-1,500 mg/day					
Antitic		Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.			
Anxiolytic 500-1,500 mg/day					
Calcium-Channel-Blocker					
Diuretic					
Hypocholesterolemic 500 mg/day		Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.			
Hypotensive 1 g/day		Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.			
Laxative 1,000-1,200 mg					
Tranquilizer 500-1,500 mg/day					
Vasodilator					

CAMPHENE	Stem	--	3.0		*
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Activities (9)	
Allelopathic	Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands.
Antilithic?	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antioxidant	Jim Duke's personal files.
Expectorant	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
FLavor FEMA 15-175	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Hypocholesterolemic?	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Pesticide	
Spasmogenic	Fitoterapia No.59-1984.

CARBOHYDRATES	Leaf	29000.0	617000.0	0.04	*
CIS-4,11,11-TRIMETHYL-8-METHYLENE-BICYCLO(7.2.0)UNDEC-4-ENE	Root	--	7.0		*
CIS-SABINENE-HYDRATE	Root	--	--		*
D-CARVONE	Plant	--	--		*

Activities (7)	
AChE-Inhibitor	Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, Oest. Biochem. & Physiol., 23, 1985, 383-8.
Antiacetylcholinesterase IC50=1.8 mM	
Antialzheimeran?	Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, Oest. Biochem. & Physiol., 23, 1985, 383-8.
Anticholinesterase	Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, Oest. Biochem. & Physiol., 23, 1985, 383-8.
Anticholinesterase?	L. Gracza (1985) as cited by Buchbauer re antiacetylcholinesterase.
Insecticide	Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, Oest. Biochem. & Physiol., 23, 1985, 383-8.
Pesticide	

DELTA-3-CARENE	Root	--	2.0	-0.72	*
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Activities (8)	
Allergenic?	
Antibacterial	Revista Itiliana Eppos, 12: 5, 1994.
Antiinflammatory ipr	Internat. J. Oriental Med. 15(4): 194, 1990+
Dermatitogenic	
FLavor FEMA	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Irritant	
Pesticide	

DELTA-CADINENE	Root	--	7.0	-0.68	*
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Activities (9)	
Aldose-Reductase-Inhibitor	
Antiacne	
Antibacterial MIC800 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.
Anticariogenic MIC800 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.

Cytochrome-P450-Inducer					
P450-Inducer					
Pesticide					
Testosterone-Inducer					

DELTA-SELINENE	Root	--	11.0		*
ENT-KAUR-16-EN-19-OIC-ACID	Plant	--	--		*
EO	Stem	--	750.0	-0.46	*
EPIPIMARIC-ACID	Plant	--	--		*
ETHYL-ACETATE	Stem	--	3.0		*

Activities (6)					
Antispasmodic					
CNS-Depressant	Martindale's 29th				
Carminative					
Flavor FEMA 20-1,500	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry				
Respirotoxic >400 ppm	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry				
Stimulant					

FAT	Leaf	2000.0	42550.0	-0.28	*
FIBER	Leaf	5000.0	106380.0	-0.68	*

Activities (15)					
Angiotensin-Receptor-Blocker					
Antidiabetic					
Antihypertensive					
Antiobesity					
Antitumor	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).				
Antiulcer	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).				
Beta-Blocker					
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.				
Cardioprotective					
Diuretic					
Hypocholesterolemic					
Hypotensive 10 g/man/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).				
Hypouricemic					
Laxative					
Vasodilator					

GERMACRENE-D	Root	--	16.0	-1.0	*
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Activities (2)					
Pesticide					
Pheromone					

GRANDIFLORIC-ACID	Plant	--	--		*
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Activities (6)					
Allelopathic					
Antifeedant					
Antitrypanosomic 500 ug/ml					
Larvicide					
Pesticide					
Uterotonic 50 ug/ml					

INTERMEDIOL	Stem	1.0	2.0		*
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IRON	Leaf	3.0	64.0	-0.76	*
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Activities (6)					
Antiakathistic	Martindale's 29th				
Antianemic	Martindale's 29th				
Anticanker					
Anticheilitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				

mg/day/wmm/on	(Loose leaf)				
Prooxidant					
ISOPINOCAMPHONE	Plant	--	--		*
Activities (4)					
Convulsant					
Epileptogenic					
Neurotoxic					
Pesticide					
KILOCALORIES	Leaf	140.0	2975.0	-0.07	*
LAVANDULOL	Plant	--	--		*
MYRCENE	Root	--	22.0	-0.82	*
Activities (22)					
ACE-Inhibitor 100 ug/ml					
Aldose-Reductase-Inhibitor 100 ug/ml	Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101.				
Allergenic					
Analgesic	Kauderer, B., Zamith, H., Paumgarten, F.J.R., and Speit, G. Evaluation of the Mutagenicity of B-Myrcene in Mammalian Cells In Vitro. Environmental and Molecular Mutagenesis 18: 28-34, 1991.				
Antibacterial					
Anticonvulsant					
Antimutagenic	Kauderer, B., Zamith, H., Paumgarten, F.J.R., and Speit, G. Evaluation of the Mutagenicity of B-Myrcene in Mammalian Cells In Vitro. Environmental and Molecular Mutagenesis 18: 28-34, 1991.				
Antinitrosaminic					
Antinociceptive 10-20 mg/kg ipr mus	Rao, V.S.N., Menezes, A.M.S., Viana, G.S.B. 1990. Effect of myrcene on nociception in mice. J. Pharm. Pharmacol. 42: 877-878, 1990.				
Antinociceptive 20-40 mg/kg scu mus	Rao, V.S.N., Menezes, A.M.S., Viana, G.S.B. 1990. Effect of myrcene on nociception in mice. J. Pharm. Pharmacol. 42: 877-878, 1990.				
Antioxidant	Jim Duke's personal files.				
Antispasmodic	Jim Duke's personal files.				
Chemopreventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.				
FLavor FEMA 0.5-9	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Fungicide	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.				
Hypothermic					
Insectifuge					
Irritant	Zebowitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.				
Myorelaxant 100-200 mg/kg					
P450-2B1-Inhibitor IC50=0.14 uM					
Perfumery	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Pesticide					
N-HEXANAL	Root	--	--		*
NEOINTERMEDIOL	Stem	1.0	2.0		*
NEROLIDOL	Root	--	0.75		*
Activities (11)					
Aldose-Reductase-Inhibitor					
Allergenic					
Antiacne					
Antibacterial MIC=25-200 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.				
Anticariogenic MIC=25-200 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.				
Antifeedant 1 mM (diet)	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.				
Antistreptococcic					
FLavor FEMA 1-10	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.				
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Pesticide					
NIACIN	Leaf	8.0	170.0	0.88	*
Activities (39)					

LD100=50 ug/ml					
P-MENTHA-DIEN-4-OL	Plant	--	--		*
PAEONAL	Root	--	2.5		*
Activities (5)					
Analgesic					
Antibacterial					
Antipyretic					
Pesticide					
Sedative					
PHOSPHORUS	Leaf	250.0	5320.0	0.06	*
Activities (4)					
Antiosteoporotic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Anxiolytic					
Immunostimulant	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Osteogenic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
PIMARA-8(14),15-DIEN-19-AL	Plant	--	--		*
PIMARA-8(14),15-DIEN-19-OIC-ACID	Plant	--	--		*
POTASSIUM	Leaf	3100.0	65950.0	1.57	*
Activities (14)					
Angiotensin-Receptor-Blocker					
Antiarrhythmic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Antidepressant	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Antifatigue	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Antihypertensive					
Antispasmodic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Antistroke					
Anxiolytic					
Beta-Blocker					
Cardioprotective 3,000-5,000 mg					
Cardiotoxic 18,000 mg/man/day					
Diuretic					
Hypotensive					
Vasodilator					
PROTEIN	Leaf	10000.0	212765.0	0.01	*
RIBOFLAVIN	Leaf	0.2	4.0	-0.16	*
Activities (15)					
AntiLyme 50 mg/day					
Antiarabiflavonotic 2-10 mg/day orl	Martindale's 28th				
Anticarpal-Tunnel 50 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Anticataract 15 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Anticephalagic					
Anticervicaldysplasic 1.6-10 mg/day					
Anticheilitic					
Antidecubitic					
Antiglossitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Antikeratitic					
Antimigraine					
Antioxidant					
Antipellagic					
Antiphotophobic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.				
SABINENE	Root	--	15.0	-1.26	*
Activities (5)					
Antibacterial					
Antihelicobacter					

Antiulcer Perfumery	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry				
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SODIUM	Leaf	20.0	425.0	-0.57	*
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Activities (1)

Hypertensive	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
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TERPINEN-4-OL	Root	--	6.0	-1.06	*
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Activities (23)

Allelopathic	Wright, C.W. (Ed) 2002. Medicinal & Aromatic Plants - Industrial Profiles. Artemisia. 344 pp. Maffei, M. (Ed) 2002. Vetiveria. The Genus Vetiveria. Taylor & Francis. NY, NY. 191 pp. Southwell, I., Lowe, R. (Eds) 1999. Tea Tree. The Genus Melaleuca. Harwood Acad. Pub. Amsterdam, Netherlands.				
Antiacetylcholinesterase IC21-24=1.2 mM					
Antiacne					
Antiallergic					
Antiasthmatic	Chin. J. Tuber. Respir. Dis., 4:203, 1982.				
Antibacterial					
Antioxidant					
Antiseptic	Flav. & Frag. J. 9: 129.				
Antispasmodic					
Antitussive	Chin. J. Tuber. Respir. Dis.				
Antiulcer					
Bacteriostatic	Chin. J. Tuber. Respir. Dis.				
Diuretic 0.1 ml/rat					
Fungicide					
Herbicide IC50=200 mM	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.				
Herbicide IC50=22 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.				
Insectifuge					
Irritant	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.				
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.				
Pesticide					
Renoirritant	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.				
Spermicide ED100=0.015					
Vulnerary	Lawrence Review of Natural Products, Jan-91.				

THIAMIN	Leaf	0.6	13.0	0.98	*
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Activities (31)

Analgesic 1-4 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
AntiLyme 50 mg					
Antialcoholic 50-100 mg/day					
Antialzheimeran 100-3,000 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Antianorectic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Antibackache 1-4 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Antiberiberi					
Anticanker					
Anticardiospasmic					
Anticataract					
Anticolitic					
Antidecubitic					
Antideliriant					
Antidementia					
Antidyspeptic					
Antiencephalopathic	Martindale's 29th				
Antifatigue	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Antigastritic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Antihangover 50 mg					
Antiheartburn					
Antiherpetic					
Antimigraine					
Antimyocarditic					

Antineurasthenic
 Antineuritic
 Antineuropathic 50 mg Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
 Antipoliomyelitic
 Insectifuge 75-150 mg/man/day Martindale's 28th
 Neuroprotective
 Pesticide

TRANS-PINOCAMPHONE Plant -- -- *

TRANS-PINOCARVEOL Plant -- -- *

Activities (2)

Antimalarial IC50=5-50 ug/ml Rukunga, G. and Simons, A. J. 2006. The Potential of Plants as a Source of Antimalarial Agents - A Review. Africa Herbal Antimalaria Meeting. PlantaPhile Publications, Berlin. 72 pp.
 Antiplasmodial IC50=5-50 ug/ml Rukunga, G. and Simons, A. J. 2006. The Potential of Plants as a Source of Antimalarial Agents - A Review. Africa Herbal Antimalaria Meeting. PlantaPhile Publications, Berlin. 72 pp.

VERBENONE Root -- 3.0 *

Activities (5)

Allelochemic
 Coleopterifuge
 Insectifuge
 Perfumery Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
 Pesticide

WATER Leaf -- 953000.0 0.73 *

ZINGIBERENE Root -- 8.0 1.0 *

Activities (6)

Antirhinoviral Mills, Simon and Bone, Kerry. 2000. Phytotherapy. Churchill Livinston, Edinburgh.
 Antiulcer IC54=100 mg/kg
 Carminative
 Insecticide Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
 Perfumery Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
 Pesticide